

Safespaces

Safe Spaces is a free national support service which offers confidential, personal, and safe space for anyone who has been abused through their contact with either the Church of England, the Church in Wales or the Catholic Church in England and Wales.

The service continues to be independent of the Church of England and the Catholic Church in England and Wales and provides trauma-informed information, emotional support and advocacy.

HELPLINE : 0300 303 1056

WEBSITE: www.safespacesenglandandwales.org.uk

OPENING HOURS: **Monday to Friday 9am – 9pm**
Saturday 9am – 1pm
Sunday 1pm – 5pm